

# Food Questionnaire

Header	Question	Variable name
1. How much white bread do you eat a day? Describe the amount of slices you use during the day. (1/2 rundstykke=1 slice, 1 baguett=5 slices, 1 ciabatta=4 slices)	How much white bread do you eat a day	spisfinb
1. Hvor mye brød pleier du å spise? Legg sammen det du bruker til alle måltider i løpet av en dag.	Fint brød	
	How much brown bread do you eat a day Mellomgrovt brød	spismgro
	How much black bread do you eat a day Grovt brød	Spisgrov
	How much crispbread do you eat a day Knekkebrød	spisknek
2. What do you spread on your bread? Tick both for weekdays and weekends, even if you use the same.	You do not use any spread on your bread on workdays	brsmorei
2. Hva pleier du å smøre på brødet? Merk av både for hverdag og helg, selv om du bruker det samme.	You use butter on your bread on workdays	Brsmoer
	You use "bremykt" or "smoeregod" on your bread on workdays	brbremyk
	You use "brelett" on your bread on workdays	brbrelet
	You use hard margarine on your bread on workdays	Brfastma

Header	Question	Variable name
2. What do you spread on your bread? Tick both for weekdays and weekends, even if you use the same. 2. Hva pleier du å smøre på brødet? Merk av både for hverdag og helg, selv om du bruker det samme.	You use soft margarine on your bread on workdays	brmykmar
	You use "vita" on your bread on workdays	smpvita
	You use soft, light margarine on your bread on workdays	Smpletma
	You use other type of margarine on your bread on workdays	smpannen
	You do not use any spread on your bread on holidays	brukerik
	You use butter on your bread on holidays	Blssmoer
	You use "bremykt" or "smoeregod" on your bread on holidays	blsbremy
	You use "brelett" on your bread on holidays	blsbrele
	You use hard margarine on your bread on holidays	Blsfastm
	You use soft margarine on your bread on holidays	blsmykma
	You use "vita" on your bread on holidays	blsvita
	You use soft, light margarine on your bread on holidays	Blsletma
	You use other type of margarine on your bread on holidays	blsannen

Header	Question	Variable name
3. How many slices of bread would you be able to cover with a small pack (12g) of butter 3. Om du bruker fett på brød, hvor mye bruker du?	How many slices of bread would you be able to cover with a small pack (12g) of butter	bmyefett
4. How many glasses of milk (1.5 dl) do you drink a day?	How many glasses (1.5 dl) of full cream milk do you drink a day	Bsursoth
4. Melk som drikk (1 glass = 1,5 dl)	Helmelk, søt, sur	
	How many glasses (1.5dl) of low fat milk do you drink a day	bsursotl
	Lettmelk, søt, sur	
	How many glasses (1.5dl) of skimmed milk do you drink a day	bsursots
	Skummet melk, søt, sur	
5. Bread spreads. Use the sum of slices per week from question 1 5. PÅLEGGSSORTER Bruk sum skiver pr. uke fra spørsmål 1.	How many slices of brown cheese, placed in sandwiches do you eat per week	Palbruno
	How many slices of white cheese (27%fat), placed in sandwiches do you eat per week	ostself
	How many slices of white cheese (16%fat), placed in sandwiches do you eat per week	osthalvf
	How many slices of cheese (more than 27% fat), placed in sandwiches do you eat per week	Ostov27g
	How many slices of liver paste (normal), placed in sandwiches do you eat per week	leverpva
	How many slices of liver paste (low fat), placed in sandwiches do you eat per week	leverpma
	How many slices of saveloy, polony or sausage (processed meat) (normal), placed in sandwiches do you eat per week	Vanserve
	How many slices of cervelat, saveloy, polony or ham (processed meat) (low fat), placed in sandwiches do you eat per week	lettserve
	How many slices of salted or smoked sausage (salami or similar), placed in sandwiches do you eat per week	svspekpo

Header	Question	Variable name
5. Bread spreads. Use the sum of slices per week from question 1 5. PÅLEGGSSORTER Bruk sum skiver pr. uke fra spørsmål 1.	How many sandwiches spread with caviar/fish roe do you eat per week	Kaviar
	How many sandwiches spread with tinned or smoked mackerel with tomato paste do you eat per week	makrtoma
	How many sandwiches spread with pilchard, pickled herring, anchovies or similar fish do you eat per week	sardansj
	How many sandwiches spread with salmon or trout do you eat per week	Laksorre
	How many sandwiches spread with shrimps or crab do you eat per week	rekekrab
	How many sandwiches spread with jam, marmalade or frozen berries do you eat per week	syltetoy
	How many sandwiches spread with honey, syrup, chocolate or nut spread do you eat per week	Honsjokp
	How many sandwiches filled with vegetables (cucumber, tomato, etc) do you eat per week	gronnsak
	How many sandwiches filled with fruit (apples/bananas etc) do you eat per week	fruktpal
	How many sandwiches filled with mixed salad (e.g. eggs/potatoes/mayonnaise) do you eat per week	Salatmaj
	How many sandwiches filled with mayonnaise do you eat per week	majopbro
6. How many eggs (in any form) do you eat per week? 6. EGG	How many eggs(in any form) do you eat per week (kokt, stekt, eggerøre, omelett)	eggerore

Header	Question	Variable name
7. How often do you eat breakfast cereal and yogurt? Choose whether per month OR per week. Amount per time in dl or cup 7. FROKOSTGRYN, GRØT OG YOGHURT Svar enten pr. måned eller pr. uke. <1 betyr sjeldnere enn 1 gang.	How often do you eat breakfast cereal	Kornbl1
	How much breakfast cereal do you eat in 1 meal	kornbl2
	How often do you eat cornflakes, puffed rice or oatnuts	cornfla1
	How much cornflakes do you eat in 1 meal Measurement Level: Nominal	Cornfl2
	How often do you eat porridge	havreg1
	How much porridge do you eat in 1 meal	havreg2
	How often do you add sugar to your breakfast cereal or porridge	Frokgy1
	How much sugar do you eat in 1 meal	frokgy2
	How often do you eat natural or fruit yoghurt	yognat1
	How much natural or fruit yoghurt do you eat	Yognat2
	How often do you eat low fat yoghurt	lettyog1
	How much low fat yoghurt do you eat	lettyog2
	How often do you eat "good morning yoghurt" (includes breakfast cereals)	Gmyog1
	How much "good morning yoghurt" (includes breakfast cereals) do you eat	gmyog2

Header	Question	Variable name
7. How often do you eat breakfast cereal and yogurt? Choose whether per month OR per week. Amount per time in dl or cup  7. FROKOSTGRYN, GRØT OG YOGHURT Svar enten pr. måned eller pr. uke. <1 betyr sjeldnere enn 1 gang.	How often do you add milk to your breakfast cereals/porridge or desserts	melkgry1
	How much milk do you add to your breakfast cereals/porridge or desserts	Melkgry2
8. How many cups of coffee or tea do you drink a day?  8. KAFFE OG TE (1 kopp kaffe = 1, 2 dl, 1 kopp te = 2 dl)	How many cups of boiled coffee (1 cup = 1.2dl) do you drink a day	drikkkaf
	How many cups of drip/filter coffee (1 cup = 1.2dl) do you drink a day	driktkaf
	How many cups of instant coffee (1 cup = 1.2dl) do you drink a day	Drikpkaf
	How many cups of caffeine free coffee (1 cup = 1.2dl) do you drink a day	drikkfri
	How many cups of tea (1 cup = 2dl) do you drink a day	drikkete
	How many cups of herbal tea (1 cup = 2dl) do you drink a day	Driknype
	How many teaspoons or pieces of sugar do you add to your cup of coffee	sbitkaff
	How many teaspoons or pieces of sugar do you add to your cup of tea	sbitte
	How many teaspoons or pieces of sweetener do you add to your cups of coffee or tea	Ksotstof
	Do you add cream to your coffee	flotekaf

Header	Question	Variable name
9. Other drinks. Choose whether per month OR per week. 1/3 L = half bottle of beer, 2/3 L = 1 bottle of beer. 9. ANDRE DRIKKER? Svar enten pr måned eller pr. uke. <1 betyr sjeldnere enn 1 gang.	How often do you drink water	vann1
	How much water do you drink each time	Vann2
	How often do you drink orange juice	appjuic1
	How much orange juice do you drink each time	appjuic2
	How often do you drink other fruit juice, cider, must or nectar	Annjuic1
	How much other juice, cider, must or nectar do you drink each time	annjuic2
	How often do you drink berry juice/drink (with sugar)	saftsuk1
	How much berry juice/drink (with sugar) do you drink each time	Saftsuk2
	How often do you drink berry juice/drink (with sweetener)	kusosaf1
	How much berry juice/drink (with sweetener) do you drink each time	kusosaf2
	How often do you drink coke and other sparkling drinks (with sugar)	Colasuk1
	How much coke and other sparkling drinks (with sugar) do you drink each time	colasuk2
	How often do you drink coke and other sparkling drinks (with sweetener)	letbkun1
	How much coke and other sparkling drinks (with sweetener) do you drink each time	Letbkun2
	How often do you drink mineral water/seltzer	farris1

Header	Question	Variable name
9. Other drinks. Choose whether per month OR per week. 1/3 L = half bottle of beer, 2/3 L= 1 bottle of beer.	How much mineral water/seltzer do you drink each time	farris2
9. ANDRE DRIKKER? Svar enten pr måned eller pr. uke. <1 betyr sjeldnere enn 1 gang.		
	How often do you drink malt beer, alcohol free or low alcohol beer	Alkfri1
	How much malt beer, alcohol free or low alcohol beer do you drink each time	alkfri2
	How often do you drink beer	pils1
	How much beer do you drink each time	pils
	How often do you drink wine	Vin1
	How much wine do you drink each time	vin2b
	How often do you drink spirits	brvin1
	How much spirits do you drink each time (1glass = 4cl)	brvin2



Header	Question	Variable name
10. Meals during the day, including lunch and dinner	How often do you eat meat sausage	Kjotpol1
10. MIDDAGSRETTER Vi spør både om middagsmåltidene og det du spiser til andre måltider. Tell til slutt sammen antall retter du har merket for å se om summen virker sannsynlig. En «dl» tilsvarer omtrent mengden i en suppeøse. Med «Ss» menes en spiseskje.	How much meat sausage do you eat at a time	kjotpol2
	How often do you eat hamburgers, minced steaks or similar	hambur1
	How many hamburger, minced steaks do you eat at a time	Hambur2
	How often do you eat hotdogs	grilpol1
	How many hotdogs do you eat at a time	grilpol2
	How often do you eat hamburger/hotdog breadrolls	Hambbro1
	How many hamburger/hotdog breadrolls do you eat at a time	hambbro2
	How often do you eat meatballs/rissoles/meat loaf	kjkaker1
	How many meatballs/rissoles/meat loaf do you eat at a time	Kjkaker2
	How often do you eat mince (sauce or casserole with mince, lasagne)	kjottde1
	How much mince (sauce or casserole with mince, lasagne) do you eat at a time	kjottde2

Header	Question	Variable name
10. Meals during the day, including lunch and dinner	How often do you eat a taco with meat and salad	Taco1
10. MIDDAGSRETTER Vi spør både om middagsmåltidene og det du spiser til andre måltider. Tell til slutt sammen antall retter du har merket for å se om summen virker sannsynlig. En «dl» tilsvarer omtrent mengden i en suppeøse. Med «Ss» menes en spiseskje.	How much taco with meat and salad do you eat at a time	taco2
	How often do you eat a pasta meal	pastare1
	How much pasta (in dl) do you eat at a time	Pastare2
	How often do you eat pizza (500 to 600g)	pizza1
	How many pizzas(500 to 600g) do you eat at a time	pizza2
	How often do you eat beef steak	Biff1
	How many beef steak do you eat at a time	biff2
	How often do you eat chops	svinkot1
	How many chops do you eat at a time	Svinkot2
	How often do you eat roast lamb, beef or pork	stek1
	How many slices of roast lamb, beef or pork do you eat at a time	stek2

Header	Question	Variable name
10. Meals during the day, including lunch and dinner	How often do you eat roast game	Viltste1
10. MIDDAGSRETTER Vi spør både om middagsmåltidene og det du spiser til andre måltider. Tell til slutt sammen antall retter du har merket for å se om summen virker sannsynlig. En «dl» tilsvarer omtrent mengden i en suppeøse. Med «Ss» menes en spiseskje.		
	How many slices of roast game do you eat at a time	viltste2
	How often do you eat meat casserole/fricassee	grytere1
	How much meat casserole/fricassee (in dl) do you eat at a time	Grytere2
	How often do you eat stew/hot pot ('lapskaus')	lapskau1
	How much stew/hot pot (in dl) do you eat at a time	lapskau2
	How often do you eat bacon, fried ham	Bacon1
	How many slices of bacon, fried ham do you eat at a time	bacon2
	How often do you eat chicken/fowl	kylling1
	How many pieces of chicken/fowl do you eat at a time	Kylling2
	How often do you eat liver	leverre1
	How many slices of liver do you eat at a time	leverre2

Header	Question	Variable name
10. Meals during the day, including lunch and dinner	How often do you eat fishballs/fishcakes	Fiskema1
10. MIDDAGSRETTER Vi spør både om middagsmåltidene og det du spiser til andre måltider. Tell til slutt sammen antall retter du har merket for å se om summen virker sannsynlig. En «dl» tilsvarer omtrent mengden i en suppeøse. Med «Ss» menes en spiseskje.	How many fishballs/fishcakes do you eat at a time	fiskema2
	How often do you eat fishfingers	fiskepi1
	How many fishfingers do you eat at a time	Fiskepi2
	How often do you eat boiled cod, coalfish, haddock	koktors1
	How many pieces of boiled cod, coalfish, haddock do you eat at a time	koktors2
	How often do you eat fried cod, coalfish, haddock	Stektor1
	How many pieces of fried cod, coalfish, haddock do you eat at a time	stektor2
	How often do you eat herring, fresh/cooked/smoked	sild1
	How many fillets of herring, fresh/cooked/smoked do you eat	Sild2
	How often do you eat mackerel fresh/smoked	makrell1
	How many fillets of mackerel, fresh/smoked do you eat	makrell2

Header	Question	Variable name
10. Meals during the day, including lunch and dinner	How often do you eat salmon or trout	Laksorr1
10. MIDDAGSRETTER Vi spør både om middagsmåltidene og det du spiser til andre måltider. Tell til slutt sammen antall retter du har merket for å se om summen virker sannsynlig. En «dl» tilsvarer omtrent mengden i en suppeøse. Med «Ss» menes en spiseskje.	How many pieces of salmon or trout do you eat at a time	laksorr2
	How often do you eat fish stew, -soup or fish au gratin	fiskegr1
	How much (in dl) do you eat fish stew, -soup or fish au gratin at a time	Fiskegr2
	How often do you eat shrimps or crab	reker1
	How much (in dl) do you eat shrimps or crab at a time	reker2
	How often do you eat ricepudding or other milkpuddings	Risgrot1
	How much (in dl) do you eat ricepudding or other milkpudding at a time	risgrot2
	How often do you eat pancakes	panneka1
	How many pancakes do you eat at a time	Panneka2
	How often do you eat vegetable soup (tomato, cauliflower, pea etc)	suppe1
	How much (in dl) do you eat vegetable soup at a time	suppe2

Header	Question	Variable name
10. Meals during the day, including lunch and dinner	How often do you eat vegetarian food (pizza, gratin, pie)	Vegetar1
10. MIDDAGSRETTER Vi spør både om middagsmåltidene og det du spiser til andre måltider. Tell til slutt sammen antall retter du har merket for å se om summen virker sannsynlig. En «dl» tilsvarer omtrent mengden i en suppeøse. Med «Ss» menes en spiseskje.	How much (in dl or pieces) do you eat vegetarian food (pizza gratin, pie) at a time	vegetar2
	How often do you eat brown or white sauce	saushv1
	How much (in dl) do you eat brown or white sauce at a time	Saushv2
	How often do you add melted butter or margarine to fish	ssmorfi1
	How much (in soup spoons) do you add melted butter or margarine to fish at a time	ssmorfi2
	How often do you eat béarnaise sauce	Bearnai1
	How much (in soup spoons) do you eat béarnaise sauce at a time	bearnai2
	How often do you eat mayonnaise or remoulade	remulad1
	How much (in soup spoons) do you eat mayonnaise or remoulade at a time	Remulad2
	How often do you eat ketchup	ketchup1
	How much (in soup spoons) do you eat ketchup at a time	ketchup2

Header	Question	Variable name
11. Potatoes, Rice, spaghetti, vegetables (as meal accompaniments). Choose whether per month OR per week. If you eat a carrot or salad for lunch please include here	How often do you eat boiled potatoes	Kokpote1
11. POTETER, RIS, SPAGETTI, GRØNNSAKER Svar enten pr. måned eller pr. uke. <1 betyr sjeldnere enn 1 gang. Disse spørsmålene dreier seg først og fremst om tilbehør til middagsretter, men spiser du for eksempel en rå gulrot eller salat til lunsj, skal det t		
	How many boiled potatoes do you eat at a time	kokpot2
	How often do you eat pommes frites or cooked/fried potatoes	stekpot1
	How much (in dl) pommes frites or cooked/fried potatoes do you eat at a time	Stekpot2
	How often do you eat mashed potatoes, potato stew or potatoes au gratin	potmos1
	How much (in dl) mashed potatoes, potato stew or potatoes au gratin do you eat at a time	potmos2
	How often do you eat rice	Ris1
	How much (in dl) rice do you eat at a time	ris2
	How often do you eat spaghetti, macaroni or pasta	spaghet1
	How much (in dl) spaghetti, macaroni or pasta do you eat at a time	Spaghet2

Header	Question	Variable name
11. Potatoes, Rice, spaghetti, vegetables (as meal accompaniments). Choose whether per month OR per week. If you eat a carrot or salad for lunch please include here	How often do you eat carrots	gulrot1
11. POTETER, RIS, SPAGETTI, GRØNNSAKER Svar enten pr. måned eller pr. uke. <1 betyr sjeldnere enn 1 gang. Disse spørsmålene dreier seg først og fremst om tilbehør til middagsretter, men spiser du for eksempel en rå gulrot eller salat til lunsj, skal det t		
	How many carrots do you eat at a time	gulrot2
	How often do you eat common cabbage	Hodekal1
	How many (in slices) common cabbage do you eat at a time	hodekal2
	How often do you eat swede	kalrot1
	How many slices of swede do you eat at a time	Kalrot2
	How often do you eat cauliflower	blomkal1
	How many florets of cauliflower do you eat at a time	blomkal2
	How often do you eat broccoli	Brokkol1
	How many florets of broccoli do you eat at a time	brokkol2



Header	Question	Variable name
11. Potatoes, Rice, spaghetti, vegetables (as meal accompaniments). Choose whether per month OR per week. If you eat a carrot or salad for lunch please include here	How often do you eat Brussels sprouts	rosenka1
11. POTETER, RIS, SPAGETTI, GRØNNSAKER Svar enten pr. måned eller pr. uke. <1 betyr sjeldnere enn 1 gang. Disse spørsmålene dreier seg først og fremst om tilbehør til middagsretter, men spiser du for eksempel en rå gulrot eller salat til lunsj, skal det t		
	How many individual Brussels sprouts do you eat at a time	Rosenka2
	How often do you eat curly kale	gronnka1
	How much (in dl) curly kale do you eat at a time	gronnka2
	How often do you eat onion	Loek1
	How much (in soup spoons) onion do you eat at a time	loek2
	How often do you eat spinach or other green leafy vegetables	spinat1
	How much (in dl) spinach or other green leafy vegetables do you eat at a time	Spinat2
	How often do you eat mushrooms	sopp1
	How many mushrooms do you eat at a time	sopp2

Header	Question	Variable name
11. Potatoes, Rice, spaghetti, vegetables (as meal accompaniments). Choose whether per month OR per week. If you eat a carrot or salad for lunch please include here	How often do you eat avocados	Avocado1
11. POTETER, RIS, SPAGETTI, GRØNNSAKER Svar enten pr. måned eller pr. uke. <1 betyr sjeldnere enn 1 gang. Disse spørsmålene dreier seg først og fremst om tilbehør til middagsretter, men spiser du for eksempel en rå gulrot eller salat til lunsj, skal det t		
	How many avocados do you eat at a time	avocado2
	How often do you eat red pepper	paprika1
	How many strips of red pepper do you eat at a time	Paprika2
	How often do you eat tomatoes	tomat1
	How many tomatoes do you eat at a time	tomat2
	How often do you eat baked beans, beans/lentils	Tomatbo1
	How much (in dl) baked beans, beans/lentils do you eat at a time	tomatbo2
	How often do you eat corn	mais1
	How much (in soup spoons) corn do you eat at a time	Mais2

Header	Question	Variable name
11. Potatoes, Rice, spaghetti, vegetables (as meal accompaniments). Choose whether per month OR per week. If you eat a carrot or salad for lunch please include here	How often do you eat peas or frozen vegetables mixture in small pieces	grbland1
11. POTETER, RIS, SPAGETTI, GRØNNSAKER Svar enten pr. måned eller pr. uke. <1 betyr sjeldnere enn 1 gang. Disse spørsmålene dreier seg først og fremst om tilbehør til middagsretter, men spiser du for eksempel en rå gulrot eller salat til lunsj, skal det t	How much (in dl) peas or frozen vegetables mixture in small pieces do you eat at a time	grbland2
	How often do you eat salad	Salatbl1
	How much (in dl) salad do you eat at a time	salatbl2
	How often do you eat cold sauce	dressin1
	How much (in soup spoons) cold sauce do you eat at a time	Dressin2
	How often do you eat sour cream	rjome1
	How much (in soup spoons) sour cream do you eat at a time	rjome2
	How many times a day do you eat vegetables (excluding dinner)	Etgrsakd

Header	Question	Variable name
12. What types of cooking fat or oil do you use? 12. TYPE FETT TIL MATLAGING	Type of fat used when preparing food - butter	smoer
	Type of fat used when preparing food - "Bremykt"	bremykt
	Type of fat used when preparing food - hard margarine	Fastmarg
	Type of fat used when preparing food - soft margarine	mykmarg
	Type of fat used when preparing food - "Smoeregod"	smoregod
	Type of fat used when preparing food - other type of margarine	Annenmar
	Type of fat used when preparing food - olive oil	olivolje
	Type of fat used when preparing food - soya oil	soyaolje
	Type of fat used when preparing food - corn oil	Maisolje
	Type of fat used when preparing food - sunflower oil	solsikol
	Type of fat used when preparing food - walnut oil	valnotol
	Type of fat used when preparing food - other type of oil	Androlje
13. How often do you eat fruits? Choose whether per month OR per week 13. FRUKT Svar enten pr. måned eller pr. uke. <1 betyr sjeldnere enn 1 gang.	How often do you eat apples	eple1
	How many apples do you eat at a time	eple2

Header	Question	Variable name
13. How often do you eat fruits? Choose whether per month OR per week  13. FRUKT Svar enten pr. måned eller pr. uke. <1 betyr sjeldnere enn 1 gang.	How often do you eat oranges, mandarins or grapefruits	Appelsi1
	How many oranges, mandarins or grapefruits do you eat at a time	appelsi2
	How often do you eat bananas	banan1
	How many bananas do you eat at a time	Banan2
	How often do you eat grapes	druer1
	How many grapes do you eat at a time	druer2
	How often do you eat exotic fruits (e.g. kiwi, mango)	Eksfruk1
	How many exotic fruits (e.g. kiwi, mango) do you eat at a time	eksfruk2
	How often do you eat other type of fruits (e.g. pears, peach)	annenfr1
	How many other fruits (e.g. pears, peach) do you eat at a time	Annenfr2
	How often do you eat strawberries or raspberries (fresh or frozen)	baer1
	How many strawberries or raspberries in dl (fresh or frozen) do you eat at a time	baer2
	How often do you eat other type of berries	Annebar1
	How many other berries in dl do you eat at a time	annebar2

Header	Question	Variable name
13. How often do you eat fruits? Choose whether per month OR per week  13. FRUKT Hvor mange frukter spiser du vanligvis pr. dag?	How many fruits do you eat a day	fruktpda
14. Dessert, cakes, and sweets. Choose whether per month OR per week  14. DESSERT, KAKER, GODTERI Svar enten pr. måned eller pr. uke. <1 betyr sjeldnere enn 1 gang.	How often do you eat tinned fruit	Hermfru1
	How many tinned fruits in dl do you eat a time	hermfru2
	How often do you eat chocolate or caramel pudding	pudding1
	How much chocolate or caramel pudding do you eat at a time	Pudding2
	How often do you eat icecream	is1
	How much icecream in dl do you eat at a time	is2
	How often do you eat bread rolls/twist/coffee bread rings	Boller1
	How many bread rolls/twist/coffee bread rings do you eat a time	boller2
	How often do you eat sweet bread rolls (round)	skolebr1
	How many sweet bread rolls (round) do you eat a time	Skolebr2
	How often do you eat sweet bread rolls (long)	wienebr1
	How many sweet bread rolls (long) do you eat a time	wienebr2

Header	Question	Variable name
14. Dessert, cakes, and sweets. Choose whether per month OR per week 14. DESSERT, KAKER, GODTERI Svar enten pr. måned eller pr. uke. <1 betyr sjeldnere enn 1 gang.	How often do you eat doughnuts or cut-cake/Madeira cake	Smultri1
	How many doughnuts or cut-cake/Madeira cake do you eat a time	smultri2
	How often do you eat waffles	vafler1
	How many waffles do you eat a time	Vafler2
	How often do you eat chocolate, cream or other type of filled cakes	blotkak1
	How many chocolate, cream or other type of filled cakes do you eat a time	blotkak2
	How often do you eat biscuits	Sotkjek1
	How many biscuits do you eat a time	sotkjek2
	How often do you eat chocolate	sjokola1
	How many chocolate bars (60g) do you eat a time	Sjokola2
	How often do you eat boiled sweets (drops), liquorice, "jelly babies"	drops1
	How many boiled sweets (drops), liquorice, "jelly babies" do you eat a time	drops2
	How often do you eat nibbles, snacks	Smagodt1
	How much nibbles, snacks (in hg) do you eat a time	smagodt2
	How often do you eat potato crisps	potgull1

Header	Question	Variable name
14. Dessert, cakes, and sweets. Choose whether per month OR per week 14. DESSERT, KAKER, GODTERI Svar enten pr. måned eller pr. uke. <1 betyr sjeldnere enn 1 gang.	How much potato crisps (in dl) do you eat a time	Potgull2
	How often do you eat other type of snacks	annsnac1
	How much other type of snacks (in dl) do you eat a time	annsnac2
	How often do you eat peanuts and other type of nuts	Peanott1
	How many peanuts and other type of nuts (in handfuls) do you eat a time	peanott2
15. Dietary supplements. (bs= table spoon, ts= teaspoon). Question divided in seasonal, week and amount of Dietary supplements intake 15. KOSTTILSKUDD (bs = barneskje, ts = teskje)	Do you take seasonal cod liver oil as liquid	traniaar
	How often do you take cod liver oil as liquid in a week	Tran1
	How much cod liver oil as liquid do you take at a time	tran2
	Do you take seasonal cod liver oil as tablets	trakapar
	How often do you take cod liver oil as tablets in a week	trankap1
	How much cod liver oil as tablets do you take at a time	trankap2
	Do you take seasonal fish oil as tablets	fiskokaa



Header	Question	Variable name
15. Dietary supplements. (bs= table spoon, ts= teaspoon). Question divided in seasonal, week and amount of Dietary supplements intake  15. KOSTTILSKUDD (bs = barneskje, ts = teskje)	How often do you take fish oil as tablets in a week	foilkap1
	How much fish oil as tablets do you take at a time	foilkap2
	Do you take seasonal multivitamins (sanasol) as liquid	sasolaar
	How often do you take multivitamins (sanasol) as liquid in week	sanasol1
	How much multivitamins (sanasol) as liquid in dessertspoons do you take at a time	sanasol2
	Do you take seasonal multivitamins (biovit) as liquid	biovitar
	How often do you take multivitamins (biovit) as liquid in a week	biovit1
	How much multivitamin (biovit) as liquid in dessertspoons do you take at a time	biovit2
	Do you take seasonal multivitamins (vitaplex) as tablets	vitaplar
	How often do you take multivitamins (vitaplex) as tablets in a week	vitplex1
	How many multivitamins (vitaplex) as tablets do you take at a time	vitplex2
	Do you take seasonal multivitamins(kostpluss) as tablets	kplussaa
	How often do you take multivitamins (kostpluss) as tablets in a week	kpluss1
	How many multivitamins (kostpluss) as tablets do you take at a time	kpluss2
	Do you take seasonal multivitamins (vitaminerall) as tablets	viminaar

Header	Question	Variable name
15. Dietary supplements. (bs= table spoon, ts= teaspoon). Question divided in seasonal, week and amount of Dietary supplements intake 15. KOSTTILSKUDD (bs = barneskje, ts = teskje)	How often do you take multivitamins (vitamineral) as tablets a week	vitamin1
	How many multivitamins (vitamineral) as tablets do you take at a time	vitamin2
	Do you take other types of seasonal multivitamins as tablets	aprepaar
	How often do you take other types of multivitamins as tablets in a week	aprepar1
	How many other types of multivitamins as tablets do you take at a time	aprepar2
	Do you take seasonal iron (ferro c) as tablets	ferrocar
	How often do you take iron (ferro c) as tablets in a week	ferroC1
	How many iron (ferro c) tablets do you take at a time	ferroC2
	Do you take seasonal iron (hemofer) as tablets	hemofear
	How often do you take iron (hemofer) as tablets in a week	hemofer1
	How many iron (hemofer) tablets do you take at a time	hemofer2
	Do you take seasonal iron (duroferon/duretter) as tablets	Dferonar
	How often do you take iron (duroferon/duretter) as tablets in a week	durofer1
	How many iron (duroferon/duretter) tablets do you take at a time	durofer2
	Do you take other types of seasonal iron as tablets	ajernaar

Header	Question	Variable name
15. Dietary supplements. (bs= table spoon, ts= teaspoon). Question divided in seasonal, week and amount of Dietary supplements intake  15. KOSTTILSKUDD (bs = barneskje, ts = teskje)	How often do you take other types of iron as tablets in a week	ajernpr1
	How many other types of iron tablets do you take at a time	ajernpr2
	Do you take seasonal B vitamins as tablets	Bvitaarl
	How often do you take B vitamins as tablets in a week	Bvitami1
	How many B vitamins tablets do you take at a time	Bvitami2
	Do you take seasonal C vitamins as tablets	Cvitaarl
	How often do you take C vitamins as tablets in a week	Cvitami1
	How many C vitamins tablets do you take at a time	Cvitami2
	Do you take seasonal D vitamins as tablets	Dvitaarl
	How often do you take D vitamins as tablets in a week	Dvit1
	How many D vitamins tablets do you take at a time	Dvit2
	Do you take seasonal E vitamins as tablets	Evitaarl
	How often do you take E vitamins as tablets in a week	Evit1
	How many E vitamins tablets do you take at a time	Evit2
	Do you take seasonal folic acid as tablets	Folataar

Header	Question	Variable name
15. Dietary supplements. (bs= table spoon, ts= teaspoon). Question divided in seasonal, week and amount of Dietary supplements intake 15. KOSTTILSKUDD (bs = barneskje, ts = teskje)	How often do you take folic acid as tablets in a week	Folat1
	How many folic acid tablets do you take at a time	Folat2
	Do you take seasonal calcium as tablets	kalktaar
	How often do you take calcium as tablets in a week	Kalktab1
	How many calcium tablets do you take at a time	kalktab2
	Do you take seasonal fluoride as tablets	fluortaa
	How often do you take fluoride as tablets in a week	Fluorta1
	How many fluoride tablets do you take at a time	fluorta2
	Do you take other types of seasonal supplements as tablets	anvitaar
	How often do you take other types of supplements as tablets in a week	Anvit1
	How many other types of supplement tablets do you take at a time	anvit2
16. When do you eat your meals? 16. NÅR SPISER DU PÅ HVERDAGER? HOVEDMÅLTIDER som frokost, formiddagsmat, middag, kvelds.	Do you eat a meal (breakfast, lunch, dinner or supper) at 6 am	hmalti1
	Do you eat a meal (breakfast, lunch, dinner or supper) at 7 am	Hmalti2

Header	Question	Variable name
16. When do you eat your meals?	Do you eat a meal (breakfast, lunch, dinner or supper) at 8 am	hmalti3
16. NÅR SPISER DU PÅ HVERDAGER? HOVEDMÅLTIDER som frokost, formiddagsmat, middag, kvelds.	Do you eat a meal (breakfast, lunch, dinner or supper) at 9 am	hmalti4
	Do you eat a meal (breakfast, lunch, dinner or supper) at 10 am	hmalti5
	Do you eat a meal (breakfast, lunch, dinner or supper) at 11 am	hmalti6
	Do you eat a meal (breakfast, lunch, dinner or supper) at 12 noon	hmalti7
	Do you eat a meal (breakfast, lunch, dinner or supper) at 1 pm	hmalti8
	Do you eat a meal (breakfast, lunch, dinner or supper) at 2 pm	hmalti9
	Do you eat a meal (breakfast, lunch, dinner or supper) at 3 pm	hmalti10
	Do you eat a meal (breakfast, lunch, dinner or supper) at 4 pm	hmalti11
	Do you eat a meal (breakfast, lunch, dinner or supper) at 5 pm	hmalti12
	Do you eat a meal (breakfast, lunch, dinner or supper) at 6 pm	hmalti13
	Do you eat a meal (breakfast, lunch, dinner or supper) at 7 pm	hmalti14
	Do you eat a meal (breakfast, lunch, dinner or supper) at 8 pm	hmalti15
	Do you eat a meal (breakfast, lunch, dinner or supper) at 9 pm	hmalti16
	Do you eat a meal (breakfast, lunch, dinner or supper) at 10 pm	hmalti17
	Do you eat a meal (breakfast, lunch, dinner or supper) at 11 pm	hmalti18

Header	Question	Variable name
16. When do you eat your meals?	Do you eat a meal (breakfast, lunch, dinner or supper) at 12 midnight	hmalti19
16. NÅR SPISER DU PÅ HVERDAGER? HOVEDMÅLTIDER som frokost, formiddagsmat, middag, kvelds.	Do you eat a meal (breakfast, lunch, dinner or supper) at 1 am	hmalti20
	Do you eat a meal (breakfast, lunch, dinner or supper) at 2 am	hmalti21
	Do you eat a meal (breakfast, lunch, dinner or supper) at 3 am	hmalti22
	Do you eat a meal (breakfast, lunch, dinner or supper) at 4 am	hmalti23
16. NÅR SPISER DU PÅ HVERDAGER? MELLOMMÅLTIDER som kaffe, frukt, godteri, snacks m.v.	Do you eat between meals (coffee,fruits or snacks) at 6 am	mmalti1
	Do you eat between meals (coffee,fruits or snacks) at 7 am	mmalti2
	Do you eat between meals (coffee,fruits or snacks) at 8 am	mmalti3
	Do you eat between meals (coffee,fruits or snacks) at 9 am	mmalti4
	Do you eat between meals (coffee,fruits or snacks) at 10 am	mmalti5
	Do you eat between meals (coffee,fruits or snacks) at 11 am	mmalti6
	Do you eat between meals (coffee,fruits or snacks) at 12 noon	mmalti7
	Do you eat between meals (coffee,fruits or snacks) at 1 pm	mmalti8
	Do you eat between meals (coffee,fruits or snacks) at 2 pm	mmalti9

Header	Question	Variable name
16. When do you eat your meals?	Do you eat between meals (coffee,fruits or snacks) at 3 pm	mmalti10
16. NÅR SPISER DU PÅ HVERDAGER? MELLOMMÅLTIDER som kaffe, frukt, godteri, snacks m.v.	Do you eat between meals (coffee,fruits or snacks) at 4 pm	mmalti11
	Do you eat between meals (coffee,fruits or snacks) at 5 pm	mmalti12
	Do you eat between meals (coffee,fruits or snacks) at 6 pm	mmalti13
	Do you eat between meals (coffee,fruits or snacks) at 7 pm	mmalti14
	Do you eat between meals (coffee,fruits or snacks) at 8 pm	mmalti15
	Do you eat between meals (coffee,fruits or snacks) at 9 pm	mmalti16
	Do you eat between meals (coffee,fruits or snacks) at 10 pm	mmalti17
	Do you eat between meals (coffee,fruits or snacks) at 11 pm	mmalti18
	Do you eat between meals (coffee,fruits or snacks) at 12 midnight	mmalti19
	Do you eat between meals (coffee,fruits or snacks) at 1 am	mmalti20
	Do you eat between meals (coffee,fruits or snacks) at 2 am	mmalti21
	Do you eat between meals (coffee,fruits or snacks) at 3 am	mmalti22
	Do you eat between meals (coffee,fruits or snacks) at 4 am	mmalti23

Header	Question	Variable name
17. Do you think that your answers are a true reflection of your nutrition? 17. MENER DU SVARENE I SPØRRESKJEMAET GIR ET BRUKBART BILDET AV KOSTHOLDET DITT?	Do you think that your answers are a true reflection of your nutrition	kostbild
18. Are you satisfied with your body weight? 18. ER DU FORNØYD MED KROPPSVEKTEN DIN SLIK DEN ER	Are you satisfied with your body weight	noydvekt
19. Gender 19. KJØNN	Gender	kjonn
Diet questions calculated into new variables (use Solvoll-data) Kosttilskuddsberegning (bruk Solvoll data)	Energy in k Joules	energikj
	Protein in grams	proteing
	Fat in grams	fettg
	Carbohydrates in grams	karbog
	Sugar in grams	sukker
	Alcohol in grams	alkog
	Fibre in grams	fiberg
	Retinol equivalent in micrograms	retinol
	Retinol in micrograms	retinolg



Header	Question	Variable name
Diet questions calculated into new variables (use Solvoll-data) Kosttilskuddsberegning (bruk Solvoll data)	Betacarotene in micrograms	bkaroten
	Vitamin D in micrograms	vitamind
	Alphatokoferol in milligrams	alfatok
	Cholesterol in milligrams	kolestmg
	Thiamine in milligrams	tiamin
	Riboflavin in milligrams	ribofla
	Niacine in milligrams	niacin
	Vitamin C in milligrams	vitaminc
	Calcium in milligrams	kalsium
	Iron in milligrams	jernmg
	Magnesium in milligrams	magnes
	Sum of saturated fat in grams	summettf
	Sum of mono unsaturated fat in grams	sumenum
	Sum of polyunsaturated fat in grams	sumflum
	Retinol equivalent lost during food preparation in grams	retkvti
	Retinol lost during food preparation in grams	rettilta

Header	Question	Variable name
Diet questions calculated into new variables (use Solvoll-data) Kosttilskuddsberegning (bruk Solvoll data)	Betacarotene lost during food preparation in grams	bkarot2
	Alphatokoferol lost during food preparation in grams	alfatok2
	Thiamine lost during food preparation in grams	tiamin2
	Riboflavin lost during food preparation in grams	ribofla2
	Vitamin C lost during food preparation in grams	vitac2